



Serving the Community Since 1964
Raininc.org



**Regional Aide for Interim Needs, Inc.
(R.A.I.N.) has been a trusted community
resource since 1964.**

**Founded by Beatrice Castiglia Catullo,
the agency aims to support New
Yorkers by meeting their interim needs.**

**R.A.I.N. offers services to help older
adults through their senior programs
and provides home health care to
clients of all ages. We help explore
options for clients to remain in the
community they love.**

**We represent the first voice and thus
understand the needs of those we serve.
Culturally and linguistically competent
services are provided with a focus on
dignity and respect.**

We represent you!



**Anderson Torres, PhD., LCSW-R
President and CEO
R.A.I.N. TOTAL CARE, Inc**



RAIN[®] Home Attendant Services, INC.
Serving the Community
Since 1964
raininc.org

**Nurse Founded,
Social Work Nurtured,
Caregiver Invested,
Client Centered!**

NOW TAKING REFERRALS!

- Home Health Aides
- Meal Preparation
- Medication Reminders
- Housekeeping
- Personal Care
- Emotional support
- Accompany to Doctors Appointments



Need a Home Attendant?
718-829-2131 x 129





Home Attendant Services in Your Community

ALL the WAYS WE CARE

- Home Health Aides
- Meal Preparation
- Medication Reminders
- Housekeeping
- Personal Care
- Emotional support
- Accompany to Doctors Appointments



Need a Home Attendant?

718-829-2131 x 129





Servicios de Home Attendant en Su Comunidad

Contigo en Cada Paso

- Home Attendants
- Preparación de comida
- Recordatorios de medicación
- Mantenimiento de su casa
- Cuidado personal
- Apoyo emocional
- Acompañarle a sus citas



¿Necesitas una Home Attendant?

718-829-2131 x 129





PARKCHESTER OLDER ADULT CENTER

Providing FREE services to older adults (ages 60+)

We have a variety of activities and programs to offer.

EXERCISE TRIPS
HEALTH MANAGEMENT EDUCATION **COMPUTER CLASSES**
ARTS & CRAFTS **NUTRITIONAL EDUCATION**
GAMES BINGO **CASE ASSISTANCE**
CULTURAL EVENTS



Daily
Nutritious
Breakfast
and Lunch.

Breakfast
8:30 am to 9:30 am

Lunch
12 pm to 1 pm

Take Advantage
of our Services!

Serving The Community Since 1964

R.A.I.N. Parkchester Older Adult Center
Tel.# (718) 597-9220 | Fax# (718) 918-2604

1380 Metropolitan Avenue, 2nd floor - Bronx, NY 10462

Monday — Friday (8am to 4pm)



Funded by NYC Aging





CENTRO PARA EL ADULTO MAYOR DE PARKCHESTER

Ofrecemos servicios **GRATUITOS** a adultos mayores
(mayores de 60 años)

Tenemos una variedad de actividades y programas para ofrecer.

EJERCICIOS EXCURSIONES
ARTES Y CLASES DE COMPUTACIÓN
MANUALIDADES BINGO JUEGOS EDUCACIÓN NUTRICIONAL
EDUCACIÓN EN GESTIÓN SANITARIA EVENTOS CULTURALES ASISTENCIA DE CASO



Desayuno
y almuerzo
nutritivos
diarios

Desayuno
8:30 am to 9:30 am

Almuerzo
12 pm to 1 pm

¡Aprovecha
nuestros servicios!

Sirviendo a la Comunidad desde 1964

Centro para el Adulto Mayor de R.A.I.N. Parkchester

Tel.# (718) 597-9220 | Fax# (718) 918-2604

1380 Avenida Metropolitan, 2do piso - Bronx, NY 10462

Lunes — Viernes (8am a 4pm)



Financiado por la Ciudad de Nueva York para Personas Mayores





ONE STOP SERVICES

1380 Metropolitan Avenue
2nd Floor
Bronx, NY 10462
Tel: (718) 239-4358
Fax: (718) 239-1528

Need Assistance? Need Information? Have Questions?



Support With Financial Programs

- Public Assistance and SSI
- SCRIE & DRIE
- NYC School Tax Credit (NYC-210)
- Real Property Tax Credit (IT-214)
- Free Government Cell Phone application assistance
- Low Cost Internet



Support With Health Care & Health Insurance

- Home Care Services
- Prescription Insurance
- Health Insurance
- Elder Pharmaceutical Insurance Coverage (EPIC)



Support With Important Personal Documents

- Assistance requesting copies of Birth Certificates
- US Passport
- NYC Municipal Identification Card
- Voter Registration
- OMNY Card
- Access-A-Ride



Support With Food Assistance

- Supplemental Nutrition Food Assistance Program (SNAP)
- Food Pantries
- Home Delivered Meals for the Homebound



Support With Housing Programs

- Home Energy Assistance Program
- NYCHA & Section 8 renewal application assistance

Our services are offered in various languages

For more information please feel free to contact:



Regional Aid
For Interim Needs, Inc.

R.A.I.N. ONE STOP

(718) 239-4358

Monday — Friday (8am to 4pm)



Visit: www.raininc.org

Funded by NYC Aging





ONE STOP SERVICES

1380 Metropolitan Avenue
2nd Floor
Bronx, NY 10462
Tel: (718) 239-4358
Fax: (718) 239-1528

¿Necesitas Ayuda? ¿Información? ¿Tienes Preguntas?



Apoyo con Programas Financieros

- Asistencia Pública y SSI
- SCRIE & DRIE
- Crédito Fiscal Escolar de la ciudad de Nueva York (NYC-210)
- Crédito Fiscal sobre Bienes Raíces (IT-214)
- Asistencia Gratuita para la Solicitud de Teléfono Celular del Gobierno
- Internet Bajo Costo



Apoyo con Asistencia Alimentaria

- Programa de Asistencia Alimentaria de Nutrición Suplementaria (SNAP)
- Despensas de Alimentos
- Comidas Entregadas a Domicilio para Personas Confinadas en sus Hogares



Apoyo con Atención Médica y Seguro Médico

- Servicios de Atención Domiciliaria
- Seguro de Recetas Médicas
- Seguro de Salud
- Cobertura de Seguro Farmacéutico para Personas Mayores (EPIC)



Apoyo con Documentos Personales Importantes

- Asistencia para Solicitar Copias de Actas de Nacimiento
- Pasaporte Estadounidense
- Tarjeta de Identificación Municipal de la Ciudad de Nueva York
- Registro de Votantes
- Tarjeta OMNY
- Access-A-Ride



Apoyo con Programas de Vivienda

- Programa de Asistencia para Energía del Hogar
- Asistencia para la Solicitud de Renovación de NYCHA y Sección 8

Nuestros Servicios se Ofrecen en Varios Idiomas.

Para más información favor de comunicarse con:



Regional Aid
For Interim Needs, Inc.

R.A.I.N. ONE STOP
(718) 239-4358

Lunes — Viernes (8am a 4pm)



Visita: www.raininc.org

Financiado por el Departamento de Personas Mayores de NYC





HOME DELIVERED MEALS PROGRAM

MEALS ON WHEELS
Available For Homebound*
Older Adults (60+) who
live in the Bronx.

Call us at:

(718) 231-7246

Meal Delivery from
Monday to Friday
8:00 am to 4:00 pm

*Homebound means you are having trouble getting around due to illness, cannot leave home without assistance and you rarely leave home for things other than medical appointments.

Serving the Community Since 1964



Regional Aid For Interim Needs, Inc.

*A selection of cultural meals are
available to you: Vegetarian, Halal,
Latin and Regular meals*



Visit: www.raininc.org

Funded by NYC Aging



PROGRAMA DE COMIDAS AL HOGAR

ENTREGA DE COMIDAS SOBRE RUEDAS

Disponible para los Adultos Mayores (60+) Confinados en su Casa y que Viven en el Bronx.*

Llámanos al:

(718) 231-7246

Entrega de Comidas de
Lunes a Viernes
8:00 am - 4:00 pm

*Estar Confinado en tu Hogar quiere decir que tienes dificultades en casa debido a una enfermedad, no puedes salir de casa sin ayuda y rara vez sale de casa para otras cosas que no sean citas médicas.

Sirviendo a la Comunidad desde 1964



Regional Aid For Interim Needs, Inc.

Una selección de comidas culturales están disponibles para usted: Comidas Vegetarianas, Halal, Latinas y Regulares.



Visita: www.raininc.org

Financiado por el Departamento de Personas Mayores de NYC



Serving the Community Since 1964



MULTI-SERVICES

Available for homebound older adults (60+) in Districts 7, 8, and 12 in the Bronx

Program Mission: Case managers assess, coordinate, monitor, evaluate, and advocate for multiple services to meet the needs of the older adult. Our case managers are trained professionals who assess and link older adults to a wide range of services. The program strives to provide excellent services with the goal of helping older adults to live safely in their homes and re-engage in their communities.

Our Services

- Case Management
- E.I.S.E.P. (Expanded In-Home Services for the Elderly Program) home care services including personal care and housekeeping
- Home Delivered Meals (Kosher, Halal, Latin, Regular)
- Friendly Visitor Program

Benefits and Entitlements

- Medicare
- Social Security and SSI Benefits
- Transportation
- Medicaid, Medicaid Homecare
- Supplemental Nutrition Assistance Program (SNAP)
- Voter's Registration
- Senior Citizen Rent Increase Exemption (SCRIE)
- NYC School Tax (Star) Exemption
- Home Energy Assistance Program (HEAP)
- Lifeline Telephone Services
- Access-A-Ride

Our services are offered in various languages

**HOURS
OF OPERATION**
Monday - Friday
9 AM - 5 PM

Handicapped Accessible

For MULTI-SERVICES information, please contact us:

Tel: (347) 346-9676 Fax: (347) 346-9682

Email: rainmulti@raininc.org

3377 White Plains Rd, Bronx, NY 10467



Visit
www.raininc.org

Funded by NYC Aging





Serving the Community Since 1964



MULTI SERVICIOS

Disponible para adultos mayores confinados en casa (60+) en los Distritos 7,8 y 12 en el Bronx

Misión del Programa: Los administradores de casos evalúan, coordinan, monitorean y abogan por múltiples de servicios para satisfacer las necesidades del adulto mayor. Nuestros administradores de casos son profesionales capacitados que evalúan y vinculan a personas mayores a una amplia gama de servicios. El programa se esfuerza por brindar excelentes servicios con el objetivo de ayudar que los adultos mayores vivan seguros en sus hogares y vuelvan a participar en sus comunidades.

Nuestros Servicios

- Administrador de casos
- Servicios de atención domiciliaria que incluyen cuidado personal y limpieza (E.I.S.E.P)
- Comidas a domicilio (Latín, Kosher, Halal, Regular)
- Programa de visitantes amigables

Beneficios y Derechos

- Medicare
- Seguro Social y SSI
- Transporte
- Medicaid, Servicios Medicaid de Domicilio
- Programa de Asistencia Alimentaria de Nutrición Suplementaria (SNAP)
- Registro de votantes
- Exención de aumento de alquiler para personas mayores (SCRIE)
- Exención de impuestos escolares de la ciudad de Nueva York (Star)
- Programa de asistencia energética para el hogar (HEAP)
- Servicios telefónicos de Lifeline
- Access-A-Ride

Nuestros servicios se ofrecen en varios idiomas.

HORAS DE FUNCIONAMIENTO

Lunes - Viernes
9 AM - 5 AM

Accesible para discapacitados

Para información MULTISERVICIOS, por favor contáctenos:

Tel: (347) 346-9676 Fax: (347) 346-9682

Email: rainmulti@raininc.org

3377 White Plains Rd, Bronx, NY 10467



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www.raininc.org



Do you need a home delivered meal?

Have you recently been discharged from a hospital?

Do you need a place to spend the day?

Do you need Home Care? Our Home Care services are available to all ages if you qualify

Are you interested in trips and activities?

Do you need our expert assistance with medication management?

Do you know of someone that needs extra help at home due to an illness?

Have you visited the emergency room lately?

Have you recently fallen?

Are you concerned about your medical condition?

Do you have a question about social services in your community?



- Rain Total Care, Inc.
- @raininc1964
- R.A.I.N.
- RAINinc1964

Regional Aid For Interim Needs

R.A.I.N. is here to help.
Please call us at
(718) 239-4358
email us at: info@raininc.org



En su comunidad desde 1964
www.raininc.org



¿Se le ha dado de alta de un Hospital?

¿Necesita alimentos en su hogar?

¿Necesita servicios de cuidado en el hogar? Nuestros servicios en el Hogar están disponibles para todas las edades si cualifican

¿Necesita un lugar donde pasar el día?

¿Está interesado en paseos y actividades?

¿Necesita ayuda en cómo tomar su medicamento?

¿Conoce a alguien que necesita ayuda adicional en su casa debido a una enfermedad?

¿Ha visitado una Sala de Emergencia últimamente?

¿Ha sufrido una caída recientemente?

¿Está preocupado por su estado de salud?

¿Tiene preguntas acerca de los servicios sociales en su comunidad?



- Rain Total Care, Inc.
- raininc1964
- R.A.I.N.
- RAINinc1964

Regional Aid For Interim Needs

R.A.I.N. está aquí para ayudarle.

Llámenos al

(718) 239-4358

Correo electrónico: info@raininc.org



Make a Difference

Become a **FRIENDLY VISITOR** with R.A.I.N.



BENEFITS OF BECOMING A FRIENDLY VISITOR

- Positively impact an older adult's life.
- Network with other volunteers.
- Help relieve social isolation experienced by older adults and provide ongoing companionship for the older adult and volunteer.
- Strengthen your resume.
- Give back to the community.
- Connect with others in a rewarding opportunity.
- Fun recognition events.
- Informative trainings offered.

WHAT WOULD I DO AS A VOLUNTEER?

- Meet and/or call an older adult for 1 hour per week for a minimum of 6 months.
- **Make a new friend!!**
- Engage the older adult in stimulating activities of mutual interest.
- Help reduce isolation and provide companionship.



WHAT ARE THE REQUIREMENTS?

All volunteers must be 18 and older and must be willing to make a 6 month friendly visiting commitment with a goal of a weekly 1 hour visit and /or call.

HOW TO VOLUNTEER

Contact the Friendly Visiting Program Coordinator

Fatime Ba

3377 White Plains Rd, Bronx, NY 10467

(347) 258-8484

Fatime.Ba@raininc.org



Regional Aid For Interim Needs, Inc.



Visit: www.raininc.org

Funded by NYC Aging





Sirviendo la Comunidad desde 1964

Haz Una Diferencia

Conviértete en un **VISITANTE AMISTOSO** con R.A.I.N.



BENEFICIOS DE CONVERTIRSE EN UN VISITANTE AMISTOSO

- Impactar positivamente la vida de una persona mayor.
- Establezca contactos con otros voluntarios.
- Ayuda a aliviar el aislamiento social experimentado por los adultos mayores y proporcionar compañía continua para el adulto mayor y el voluntario.
- Fortalece tu currículum.
- Retribuye a la comunidad.
- Conéctese con otros de una manera gratificante.
- Eventos divertidos de reconocimiento.
- Participar en capacitaciones informativas.

¿QUÉ HARÍA COMO VOLUNTARIO?

- Conocer y/o llamar a un adulto mayor durante 1 hora por semana por un mínimo de 6 meses.
- ¡¡Haz un nuevo amigo!!
- Involucrar al adulto mayor en actividades estimulantes de interés mutuo.
- Ayudar a reducir el aislamiento y proporcionar compañía.



¿CUALES SON LOS REQUISITOS?

Todos los voluntarios deben tener 18 años o más y deben estar dispuestos a comprometerse al programa por 6 meses con el objetivo de una visita y/o llamada semanal de 1 hora.

CÓMO SER VOLUNTARIO

Comunícate con el Coordinador del Programa de Visitas Amistosas

Fatime Ba

3377 White Plains Rd, Bronx, NY 10467

(347) 745-8484

Fatime.Ba@raininc.org



Regional Aid For Interim Needs, Inc.



Visita: www.raininc.org

Financiado por el Departamento de Personas Mayores de NYC





R.A.I.N. GROUP
TRANSPORTATION PROGRAM
**NEED
TRANSPORTATION?**



**Are You an Older Adult
Over 60 Years of Age?**

Round Trip Transportation is available for older adults to attend medical appointments, social events and recreational activities.

Call (718) 882-8513

Transportation Services are Offered

Monday through Friday

8:00 am to 4:00 pm

We Service the Following Zip Codes:

Community District 9: 10462, 10470, 10472, 10473

Community District 10: 10461, 10462, 10465, 10475

Community District 11: 10460, 10461, 10462, 10469

Community District 12: 10466, 10467, 10469, 10470

 We Offer Door-to-Door Service for Pick Up and Drop Off to One Location

 We Have Courteous Professional Drivers

 We Have Clean Vehicles

 We Have Wheel Chair Accessible Vehicles

Note: All participants must be eligible based on catchment, age, registration and provide consent.



Regional Aid For Interim Needs, Inc.

Call Program Manager or Intake Coordinator at:

(718) 882-8513



Visit: www.raininc.org

Funded by NYC Aging



R.A.I.N. PROGRAMA DE TRANSPORTE EN GRUPO
NECESITA TRANSPORTE?



5
ADULTOS MAYORES EN SUV

¿Eres un Adulto Mayor de 60 Años?

El transporte de ida y vuelta está disponible para adultos mayores, para asistir a citas medicas, eventos sociales y eventos grupales.

Call (718) 882-8513

Se ofrecen servicios de transporte de Lunes a Viernes: de 8:00am a 4:00pm

Damos servicio a los siguientes códigos postales

Distrito Comunitario 9: 10462, 10470, 10472, 10473

Distrito Comunitario 10: 10461, 10462, 10465, 10475

Distrito Comunitario 11: 10460, 10461, 10462, 10469

Distrito Comunitario 12: 10466, 10467, 10469, 10470

Nota: Los participantes tienen que ser elegible basado en el área, edad, registración y consentimiento.



Ofrecemos Servicio Puerta a Puerta para Todos los Servicios Médicos.



Tenemos Conductores Profesionales Corteses.



Tenemos Vehículos Limpios.



Tenemos Silla De Ruedas y Vehículos Accesibles.



Regional Aid For Interim Needs, Inc.

Llame al Gerente del Programa o al Coordinador de Transporte al

(718) 882-8513

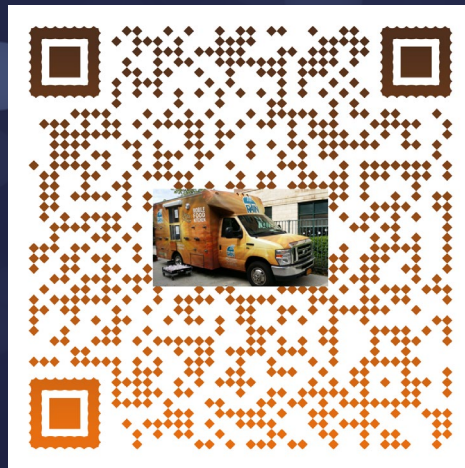
Marque el #2 para Transportación



Visite: www.raininc.org

Financiado por el Departamento de Personas Mayores de NYC

CUCINA DOLORES



OUR PORTFOLIO OF SERVICES



Home
Health
Care
For all ages

Friendly
Visiting

Care
Coordination

**Our
Possibilities**

Technology

**HEALTH
EQUITY**

Low Income
Housing for
Older Adults

RAIN Puerto
Rico, Inc.

COMPASSION

Older Adult
Centers
Meals, Activities
& Nutrition

Transportation
Services

Benefits &
Entitlements
One Stop
Services

Meals on
Wheels
Senior Options
Program

Case
Management
Multi Services

Cucina
Dolores
Mobile Food Kitchen
*Funded by
The Bob & Dolores Hope
Foundation*

IMPACT IN STEWARDSHIP THE FIRST VOICE

Rita Marts

7/20/23

Dear Dr. Torres,

I have been a long standing member of the Rain organization.

I am writing on behalf of all my senior members at 720 Yereid Ave. to let you know that we are all very happy for the way the staff have been helpful and very respectful to us. We are also happy and grateful to have a place like this to pass our time and the wonderful program that is given to us to prolong in our latter years. Also, the wonderful meals that are served to us each day. I know that we are privileged to have a Center like this to come to each day and the services that are given to us.

Thank you Dr. Torres and your staff for giving us this place so we can continue living a better life. Home away from home. God bless.

Your sincerely

Rita Marts (92½ yrs old)



Thank you

**Anderson Torres, PhD, LCSW-R
President & CEO**

Email: drtorres@raintotalcare.org